

# MBD in Peritoneal Dialysis

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# Agenda

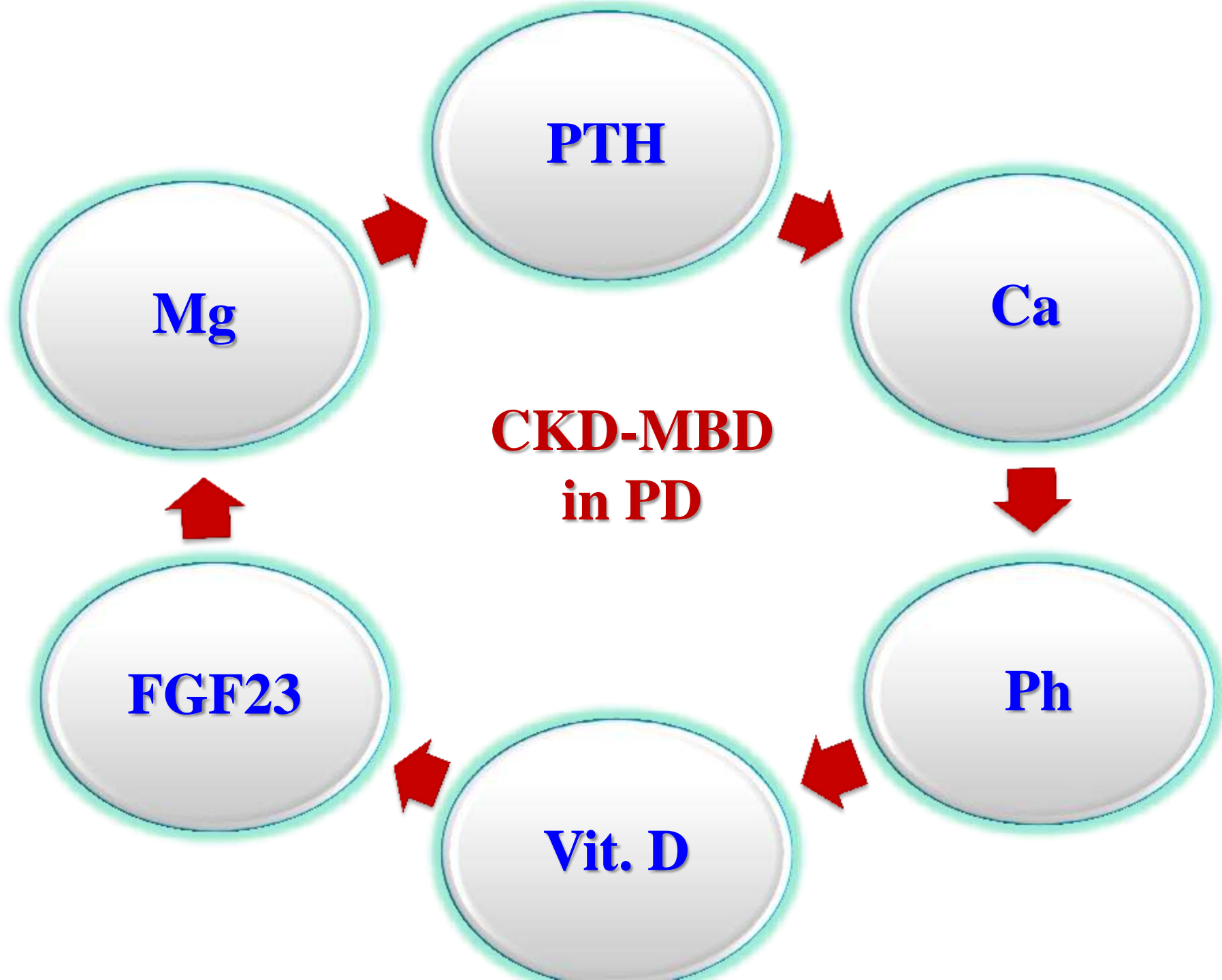
## ✓ *Difference between PD and HD in MBD*

- *Causes*

- *Medical treatment*

- *Surgical treatment*

## ✓ *Summary*

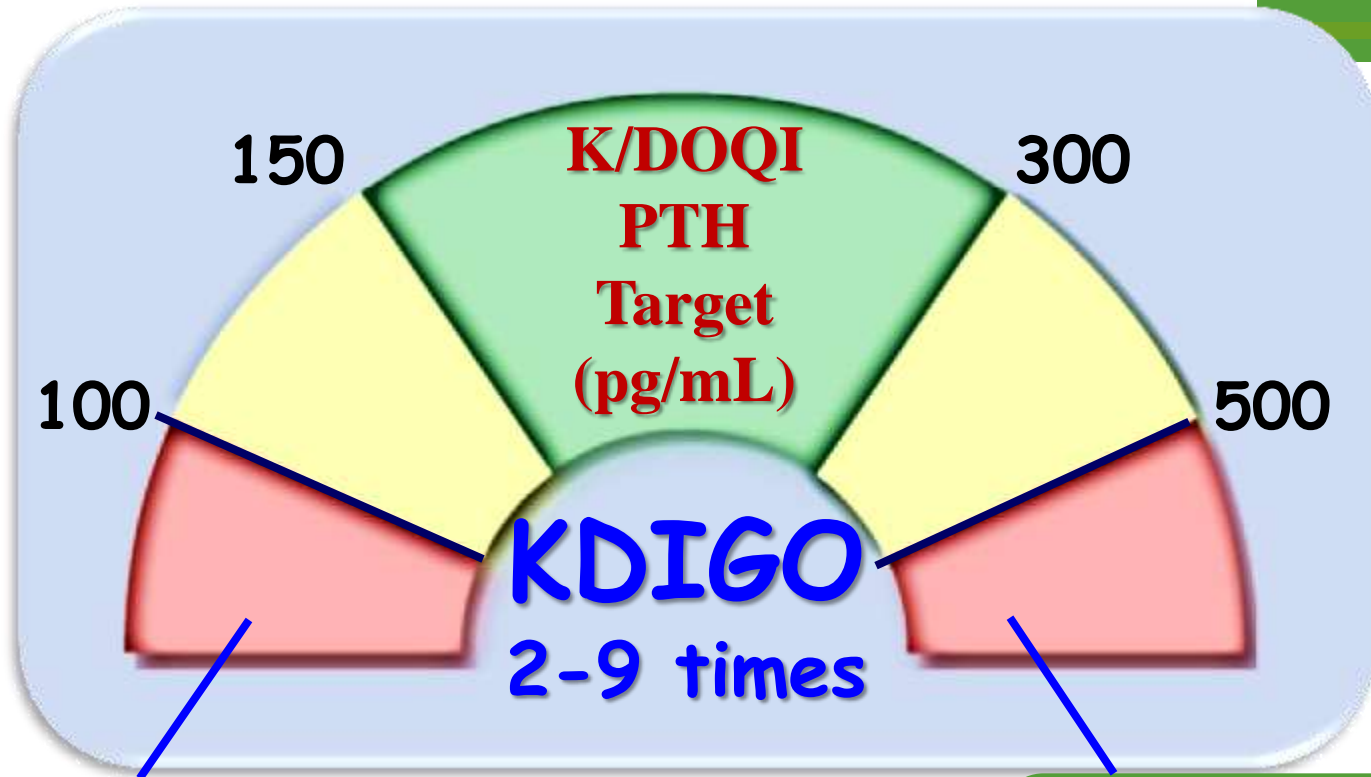


# MBD-CKD in PD

**PTH**



# Proposed KDIGO Guidelines: Target Range for PTH



- Low bone turnover
- Adynamic bone disease

- High bone turnover
- Bone pain
- Cardiovascular disease
- Cognitive impairment

# A lower proportion of circulating active parathyroid hormone in peritoneal dialysis does not allow the PTH inter-method adjustment proposed for haemodialysis

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## **CONCLUSION**

PD patients have a different proportion of circulating forms of PTH from HD patients. For this reason, the formulae used for correcting variations in HD patients are not applicable. In this study,

we suggested other formulas applicable to PD patients.

We believe that it is important to know these differences when considering hyperparathyroidism treatment in these patients, and third generation methods will be very useful in this regard.

## CKD-MBD IN PERITONEAL DIALYSIS PATIENTS

- ♦ Because PD is a continuous purification technique, serum calcium, phosphorus, and PTH levels are relatively unchanged regardless of the timing of treatment. In this respect, PD differs markedly from hemodialysis, in which their concentrations in the blood change at each treatment.

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## RENAL OSTEODYSTROPHY IN PERITONEAL DIALYSIS: SPECIAL CONSIDERATIONS

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As a result, recent studies have reported a greater prevalence of adynamic forms of renal osteodystrophy, especially in diabetic and peritoneal dialysis patients. The present article reviews, for patients treated with peritoneal dialysis, the pathophysiologic mechanisms involved in the evolution of this bone disease and the therapeutic modalities for treating and preventing adynamic bone.



## RENAL OSTEODYSTROPHY IN PERITONEAL DIALYSIS: SPECIAL CONSIDERATIONS

TABLE 1  
Prevalence of Adynamic Bone Disease in Patients  
Treated with Peritoneal Dialysis

	ABD (%)	OM (%)	MBD (%)	HBD (%)	DM (%)
Rodriguez-Perez <i>et al.</i> (38)	42.8	15	11.5	30.7	NA
Sherrard <i>et al.</i> (24)	60	6	24.6	9.4	30
Pai <i>et al.</i> (33)	46	27	19	8	25
Torres <i>et al.</i> (20)	48	10	10	32	21
Sanchez <i>et al.</i> (39)	79	NA	NA	21	33

ABD = adynamic bone; OM = osteomalacia; MBD = mixed-bone disease; HBD = hyperparathyroid bone disease; DM = patients with diabetes mellitus; NA = not available.

## RENAL OSTEODYSTROPHY IN PERITONEAL DIALYSIS: SPECIAL CONSIDERATIONS

TABLE 2

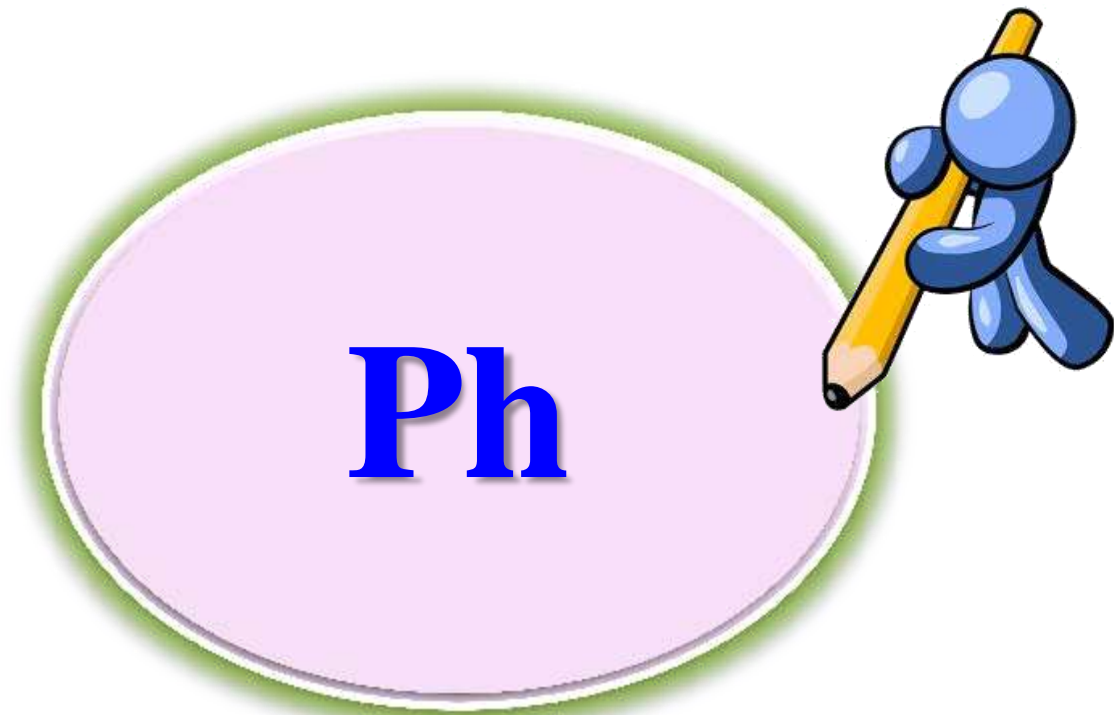
Factors Contributing to the Pathogenesis of Adynamic Bone Disease in Peritoneal Dialysis

Hyperglycemia and insulin deficiency	Inhibition of PTH synthesis (42,43) Increased production of AGEs and impaired osteoblastic matrix synthesis (43) Impaired osteoblastic mineralization (47) Increased osteoblastic apoptosis (44)
Increased AGE and ALE production in dialysate and serum	Increased reactive carbonyl compounds and impaired bone formation (45,46)
High calcium	Inhibition of PTH secretion Impaired osteoclastic activity (12)
High magnesium	Inhibition of PTH secretion (49)
Acidosis	Impaired osteoblastic function (76)
Hypoalbuminemia	Impaired PTH synthesis (51–53,54)
Loss of residual function	Reduced bone mass (50)

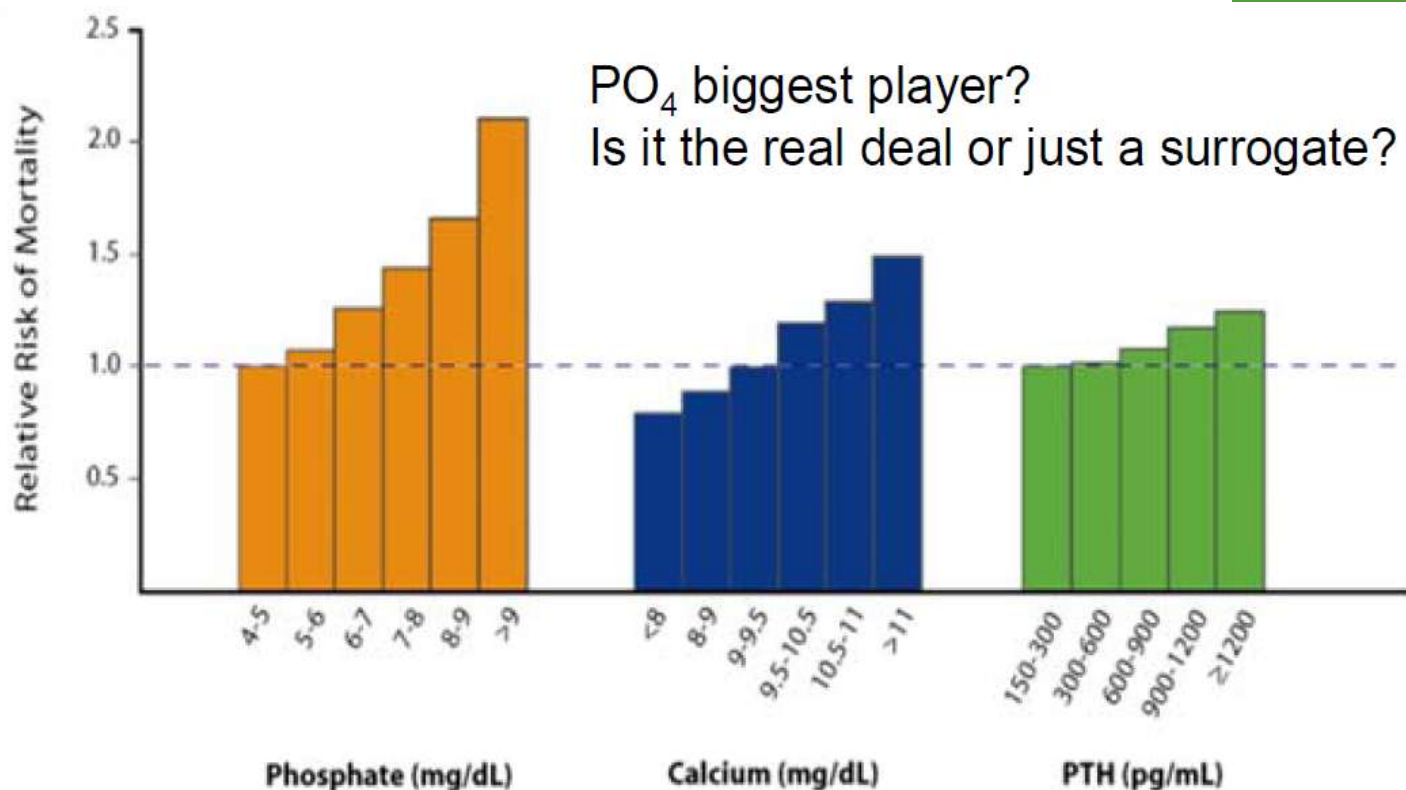
PTH = parathyroid hormone; AGE = advanced glycation end product; ALE = advanced lipid end product.

**Perit Dial Int 2008; 28(S2):S11–S19**

# CKD-MBD in PD



# CKD-BMM Biochemical Markers Associated with Greatest Mortality Risk



**Multivariable-adjusted relative risk**

Adapted from Block GA, et al. JASN 2004

# Phosphate Facts

## **Total Body Phosphate = about 700 g**

- ◆ 85% in bone and teeth as hydroxyapatite
- ◆ 14% intracellular fluids mainly as organic phosphate
- ◆ < 1% in extracellular fluid as inorganic phosphate
  - This is component easiest to get at with dialysis

## **Main source of Phosphorous:**

- Dietary
- Bone efflux (Increased PTH)

## **Phosphate removal**

- Renal
- Dialysis
- Saliva and GI (prevent absorption with binders)

# Phosphate Facts

## *Removal by dialysis*

### **Phosphorous Statistics:**

- ◆ Molecular weight - 96 Daltons
- ◆ Radius - 2.8 Angstroms
  - (urea 1.8A; Creat 3.0A)
- ◆ Hydrophobic (surrounded by water)
  - Radius functionally larger than 2.8A
- ◆ Slow to move from ICF to ECF
  - Unlike urea which readily does move
  - Remember most PO<sub>4</sub> in bone, teeth or ICF
- ◆ About 50% of circulating PO<sub>4</sub> is a Na, Ca or Mag salt
- ◆ Negatively charged
  - Not freely diffusible across all membranes
  - Living membrane vs. synthetic membrane

# Po<sub>4</sub> removal by dialysis

## Bottom line:

- ◆ Acts more like a middle molecule .
- ◆ Kinetics vary markedly between PD and HD
- ◆ For PD: PO<sub>4</sub> removal correlates with Creatinine removal
- ◆ Residual renal function contributes in large part to phosphate excretion and subsequent phosphate balance



# Po4 Removal Correlates With Creatinine Removal

Table 2a. Fluid and solute clearances, comparison across PD modality

Variable	Total	CAPD	CCPD	P Value
Dialysate volume (L/day)	11.4 ± 4.2	8.2 ± 1.6	14.4 ± 3.5	< 0.001
Ultrafiltration on PD (L/day) <sup>a</sup>	1.04 (0.67–1.43)	1.16 (0.63–1.45)	0.99 (0.67–1.36)	0.478
Peritoneal Kt/V	1.74 ± 0.4	1.62 ± 0.3	1.86 ± 0.4	< 0.001
Peritoneal creatinine clearance (L/wk/1.73 m <sup>2</sup> BSA)	45.6 ± 10.8	44 ± 8.1	47 ± 12.8	0.11
Peritoneal P/phosphate clearance (L/wk/1.73 m <sup>2</sup> BSA)	39.5 ± 11.3	40.9 ± 10.4	38.3 ± 12	0.199

<sup>a</sup>Median (interquartile range). P value by ANOVA if parametric variable, and by Kruskal-Wallis test if nonparametric. BSA, body surface area.



# Po<sub>4</sub> removal by dialysis(cont'd)

- ◆ Peritoneal PO<sub>4</sub> removal/week is on the same magnitude of conventional 3/week HD.
- ◆ Peritoneal PO<sub>4</sub> clearance is from both diffusive and convective properties.
- ◆ Membrane transport characteristics DO play role in phosphate clearance

# Po4 Removal By PD

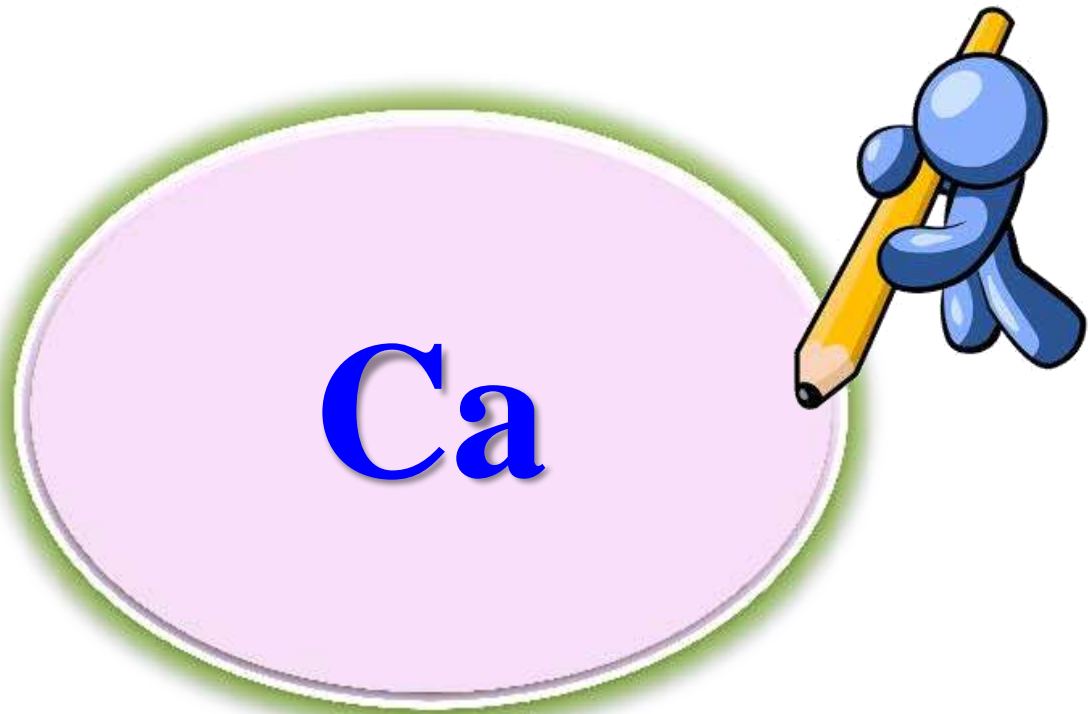
## ◆ *Correlation with Modality and Membrane Transport Characteristics*

Variable	High	H Average	L Average	Low	P
Peritoneal Kt/V	$1.87 \pm 0.5$	$1.63 \pm 0.5$	$1.58 \pm 0.4$	$1.51 \pm 0.4$	0.016
Peritoneal Cr Cl (L/W/1.73m <sup>2</sup> )	$49.3 \pm 12.2$	$41.8 \pm 13.9$	$37.1 \pm 8.8$	$34.3 \pm 12.2$	0.005
Peritoneal PO <sub>4</sub> Cl (L/W/1.73m <sup>2</sup> )	$47.4 \pm 12.6$	$39.4 \pm 9.9$	$34.0 \pm 7.6$	$31.4 \pm 14.3$	<0.0001

# CKD-MBD in PD

- **To achieve target serum phosphorus levels in PD patients,**
  - Dietary restriction of phosphorus in meals, preservation of residual kidney function for phosphorus excretion, and the use of an appropriate phosphorus binder and patient education.

# MBD -CKD-in PD



## CKD-MBD IN PERITONEAL DIALYSIS PATIENTS

- ◆ PD dialysates are divided into two types from the view point of the trans peritoneal calcium balance. One is standard-calcium dialysates (3.5 mEq/L), which trans peritoneally load calcium into the body, and the other type is low-calcium dialysates (2.5 mEq/L), which eliminate calcium from the body.

## CKD-MBD IN PERITONEAL DIALYSIS PATIENTS

- ◆ Caution is necessary not to decrease serum calcium levels during the introduction period. Particularly, the use of low-calcium dialysates in patients with sustained residual kidney function may further reduce serum calcium levels and exacerbate secondary hyperparathyroidism;
- ◆ Therefore, the use of standard-calcium dialysates should be considered.
- ◆ In general, the use of 4.0 mEq/L calcium dialysates is not recommended.

## CKD-MBD IN PERITONEAL DIALYSIS PATIENTS

Use of a low-calcium (2.5 mEq/L) dialysate reduces the occurrence of hypercalcemia and corrects low-turnover of bone.

# CKD-MBD in PD

**Vit. D**





# Prevalence of vitamin D deficiency in peritoneal dialysis patients.

Alwakeel JS<sup>1</sup>, Usama S, Mitwalli AH, Alsuwaida A, Alghonaim M.

This cross-sectional study was conducted to investigate the prevalence of vitamin D deficiency among adult Saudi patients on regular PD. The data was collected in the summer of 2010 from patients who were on PD for more than six months at the King Khalid University Hospital, Riyadh.

# Prevalence of vitamin D deficiency in peritoneal dialysis patients.

Alwakeel JS<sup>1</sup>, Usama S, Mitwalli AH, Alsuwaida A, Alghonaim M.

. There were 27 patients (11 males and 16 females) with a mean age of 46 (15-78  $\pm$  21) years.

Five patients were on continuous ambulatory PD and 22 patients were using automated PD.

The average time on PD was 27.5 (6-84  $\pm$  18.5) months.

# Prevalence of vitamin D deficiency in peritoneal dialysis patients.

Alwakeel JS<sup>1</sup>, Usama S, Mitwalli AH, Alsuwaida A, Alghonaim M.

## Conclusion

Majority of the PD patients in our center had vitamin D deficiency. The possible reasons include chronic renal failure, dietary restrictions, loss of vitamin D and decreased exposure to sunlight.

## Minerals, vitamin D, and parathyroid hormone in continuous ambulatory peritoneal dialysis.

Delmez JA, Slatopolsky E, Martin KJ, Gearing BN, Harter HR.

### It was concluded that:

- (1) Unlike chronic hemodialysis, continuous ambulatory peritoneal dialysis removes significant amounts of parathyroid hormone.
- (2) Normal 25-(OH) vitamin D and vitamin D binding protein levels are maintained with continuous ambulatory peritoneal dialysis despite large protein losses.
- (3) Substantial amounts of phosphorus are removed with continuous ambulatory peritoneal dialysis but not to an extent that precludes use of phosphorus binders.

## VITAMIN D AND PERITONEAL DIALYSIS

Mindy Banks and Stuart M. Sprague

*Division of Nephrology and Hypertension, Evanston Northwestern Healthcare and  
Northwestern University, Feinberg School of Medicine, Evanston, Illinois*

### **SUMMARY**

#### **RECOMMENDATIONS FOR VITAMIN D SUPPLEMENTATION:**

- Unfortunately, almost no studies evaluating the benefit of correcting vitamin D (25-OH-D) deficiency in CKD are available. However, given the potential benefits of 25-OH-D repletion and the rampant 25-OH-D deficiency in PD populations, our opinion is that screening for, and treatment of, deficiency should extend beyond early CKD.

## VITAMIN D AND PERITONEAL DIALYSIS

Mindy Banks and Stuart M. Sprague

### Recommendations for vitamin D supplementation

- ◆ Screening should occur twice annually to account for seasonal variation in sun exposure.
- ◆ Until further information is available, repletion with ergocalciferol for the PD patient should resemble the recommendations of K/DOQI for patients with CKD stages 3 and 4. Patients could be started on ergocalciferol at 50000 U weekly for 4 – 8 weeks, and then maintained on 50000 U 1 – 2 times monthly, aiming for a target serum 25-OH-D between 30 ng/mL and 80 ng/mL.
- ◆ Our opinion is that this supplementation should be administered independently of VDRA use for controlling hyperparathyroidism.

# MBD CKD-MBD in PD



## **Inverse correlation between serum magnesium and parathyroid hormone in peritoneal dialysis patients: a contributing factor to adynamic bone disease?**

### **CONCLUSION:**

- ◆ Serum Mg is lower and serum PTH higher in patients dialyzed with lower Mg concentration dialysis solution compared to those with higher Mg concentration dialysis solution.
- ◆ Our study confirms previous reports that serum Mg may have a suppressive role on PTH synthesis , and thus may play a role in pathogenesis of adynamic bone disease that often develops in patients on chronic PD with high calcium and high magnesium concentrations



## **RELATIONSHIP BETWEEN SERUM MAGNESIUM, PARATHYROID HORMONE, AND VASCULAR CALCIFICATION IN PATIENTS ON DIALYSIS: A LITERATURE REVIEW**

Mingxin Wei,<sup>1,2</sup> Khaled Esbaei,<sup>1,3</sup> Joanne Bargman,<sup>1</sup> and Dimitrios G. Oreopoulos<sup>1</sup>

*Home Peritoneal Dialysis Unit,<sup>1</sup> University Health Network and University of Toronto, Toronto, Ontario, Canada; Department of Nephrology,<sup>2</sup> Guangxi People's Hospital, Guangxi, P. R. China; Al-Fatah University,<sup>3</sup> Tripoli Central Hospital, Tripoli, Libya*

### **CONCLUSION**

There seems to be an inverse relationship between serum Mg and serum iPTH, and between serum Mg and vascular calcification, in dialysis patients.

We propose that MgCO<sub>3</sub> may be a more effective, less toxic, and less expensive phosphate binder and hence an alternative to CaCO<sub>3</sub>. The protective effect of elevated serum Mg on secondary hyperparathyroidism and vascular calcification should be investigated further in prospective studies.

# MBD-CKD in PD

**FGF-23**



# Fibroblast Growth Factor 23 in Patients Undergoing Peritoneal Dialysis

*Tamara Isakova,\* Huiliang Xie,\* Allison Barchi-Chung,\* Gabriela Vargas,\* Nicole Sowden,\* Jessica Houston,\* Patricia Wahl,\* Andrew Lundquist,<sup>†</sup> Michael Epstein,<sup>†</sup> Kelsey Smith,\* Gabriel Contreras,\* Luis Ortega,\* Oliver Lenz, Patricia Briones,\* Phyllis Egbert,<sup>‡</sup> T. Alp Ikizler,<sup>‡</sup> Harald Jueppner,<sup>§</sup> and Myles Wolf\**

## **Conclusions**

Increased serum phosphate, loss of residual renal function, and lower renal phosphate clearance are associated with elevated FGF23 levels in ESRD patients undergoing peritoneal dialysis. **FGF23 may be a more stable marker of phosphate metabolism in ESRD than PTH or serum phosphate.**

*Original Article*

# Longitudinal FGF23 and Klotho axis characterization in children treated with chronic peritoneal dialysis

Francisco J. Cano<sup>1</sup>, Michael Freundlich<sup>2</sup>, Maria L. Ceballos<sup>1</sup>, Angelica P. Rojo<sup>1</sup>, Marta A. Azocar<sup>1</sup>, Iris O. Delgado<sup>3</sup>, Maria J. Ibacache<sup>1</sup>, Maria A. Delucchi<sup>1</sup>, Ana M. Lillo<sup>1</sup>, Carlos E. Irarrázabal<sup>4</sup> and Maria F. Ugarte<sup>4</sup>

## Conclusions.

In this longitudinal study, FGF23 levels are markedly increased, and Klotho levels are reduced in PD children compared with controls. FGF23 levels appeared to be regulated primarily by serum calcium, showing a significant correlation at each time of measurement. This relationship was lost in patients with phosphorus >6 mg/dL. These observations may have important consequences to the therapeutic management of phosphate homeostasis in CKD patients.

# **CKD-MBD and PERITONEAL DIALYSIS**



**Optimizing  
the Treatment  
of SHPT**

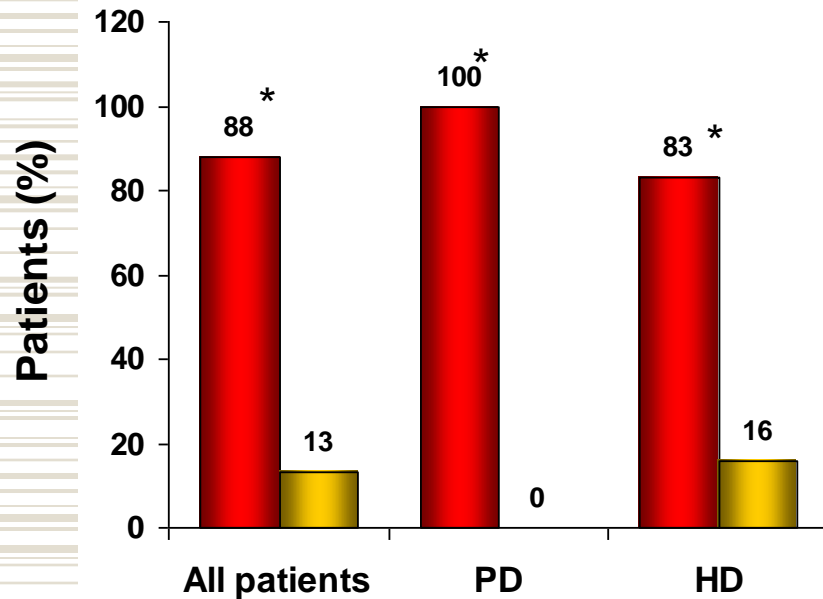
# Effects of oral **paricalcitol** in reducing PTH

## Study design

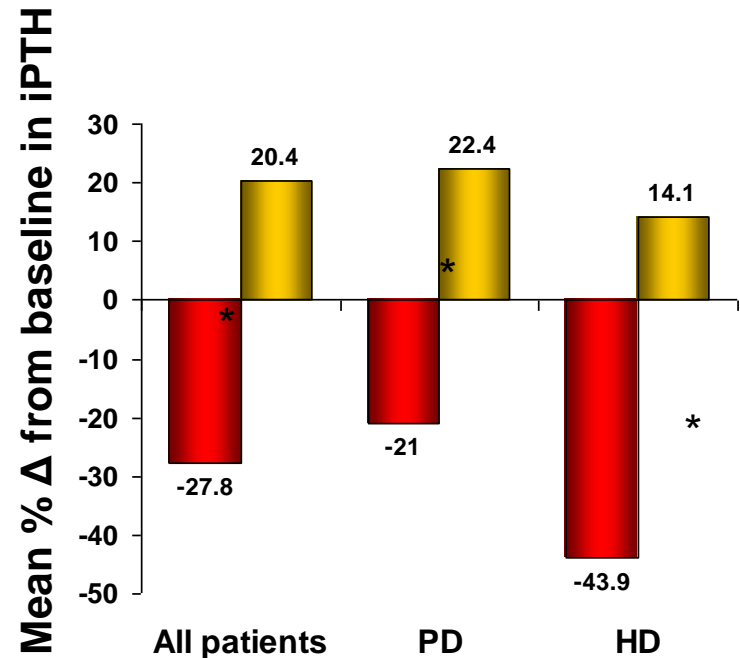
- ◆ 88 CKD Stage 5 pts with SHPT (iPTH  $\geq 300$  pg/mL; sCa 8.0–10.5 mg/dL;  $\text{Ca} \times \text{P} \leq 5 \text{ mg}^2/\text{dL}^2$ ) receiving chronic HD (n=62) or PD (n=26) randomised to oral paricalcitol or placebo for 12 weeks
- ◆ **Primary endpoints:**
  - Efficacy: 2 consecutive iPTH decreases  $\geq 30\%$  from baseline
  - Safety: Development of hypercalcemia (2 consecutive Ca measurements  $> 11.0$  mg/dL)
- ◆ **Secondary endpoints:**
  - Absolute and percentage changes in iPTH and markers of biochemical bone activity (BSAP, osteocalcin, collagen C-telopeptides (CTx), tartrate resistant acid phosphatase isoform 5b (TRAP-5b))

# Decreases in iPTH with paricalcitol

Primary endpoint: % patients with 2 consecutive  $\geq 30\%$  decreases in iPTH from baseline



Change from baseline to last on-treatment visit



\* $p < 0.001$

Paricalcitol Placebo



# Cinacalcet HCl, an Oral Calcimimetic Agent for the Treatment of Secondary Hyperparathyroidism in Hemodialysis and Peritoneal Dialysis: A Randomized, Double-Blind, Multicenter Study

Jill S. Lindberg,<sup>\*</sup> Bruce Culeton,<sup>†</sup> Gordon Wong,<sup>‡</sup> Michael F. Borah,<sup>§</sup> Roderick V. C Warren B. Shapiro,<sup>¶</sup> Simon D. Roger,<sup>\*\*</sup> Fred E. Husserl,<sup>\*</sup> Preston S. Klassen,<sup>††</sup> Matthew D. Guo,<sup>††</sup> Moetaz B. Albizem,<sup>††</sup> and Jack W. Coburn<sup>††a</sup>

*J Am Soc Nephrol 16: 800–807, 2005. doi: 10.1681/ASN.2004060512*

**In summary**, these findings demonstrate that cinacalcet is a safe and effective treatment for secondary HPT in PD and HD patients. Once-daily oral treatment with cinacalcet at doses up to 180 mg effectively reduced iPTH levels, regardless of dialysis modality or disease severity.



## Sevelamer Carbonate: Significance of Improving Buffering Capacity

- ◆ Low bicarbonate levels are common in CKD patients, regardless of phosphate binder choice
- ◆ Removal of hydrochloride from Sevelamer HCl and the addition of carbonate from Sevelamer Carbonate to the GI tract may facilitate maintaining bicarbonate levels within recommended guidelines ranges

KDOQI Clinical Practice Guidelines for Bone Metabolism and Disease in Chronic Kidney Disease. Available at [http://www.kidney.org/professionals/KDOQI/guidelines\\_bone/Guide15.htm](http://www.kidney.org/professionals/KDOQI/guidelines_bone/Guide15.htm)

Duggal A, Hanus M, Zhorov E, et al. *J Ren Nutr* 2006;16(3):248-252

**Peritoneal dialysis patients using sevelamer do not present the acidosis problems that hemodialysis patients do.**

Home Dialysis Unit, Ottawa Hospital, Ottawa, Ontario, Canada.

**Patients on PD who take sevelamer** maintain a serum bicarbonate level in the normal range as compared with hemodialysis patients, who frequently become acidotic.

Serum bicarbonate is only slightly lower in PD patients taking sevelamer than in those not taking that drug.

## CKD-MBD IN PERITONEAL DIALYSIS PATIENTS

- ◆ Sevelamer hydrochloride, lanthanum carbonate, and cinacalcet have been confirmed to be just as effective in PD patients as in HD patients.

# Operative Strategies

## ◆ Subtotal parathyroidectomy (SPTX)

- ❖ Resection of 3 ½ parathyroid gland
- ❖ The most healthy looking parathyroid gland chosen
- ❖ Leaving a portion of viable parathyroid gland and marked with clip

## ● Total parathyroidectomy with autotransplantation (TPTX+AT)

- ❖ The most healthy looking parathyroid gland chosen
- ❖ Implantation of a portion of parathyroid gland

## ● Total parathyroidectomy without autotransplantation (TPTX)

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## RECURRENCE OF HYPERPARATHYROIDISM AFTER TOTAL PARATHYROIDECTOMY AND AUTOTRANSPLANTATION IN PERITONEAL DIALYSIS PATIENTS

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Aimin Zhong, Viswanath Billa, Lorne E. Rotstein,<sup>1</sup> Pui Y. Wong,<sup>2</sup> Joanne M. Bargman,  
Stephen I. Vas, and Dimitrios G. Oreopoulos

*Division of Nephrology, Division of Surgery of the Head and Neck,<sup>1</sup> and Laboratory Medicine &  
Pathobiology,<sup>2</sup> The Toronto Hospital and University of Toronto, Toronto, Ontario, Canada*

### **In summary,**

total PTX with auto-transplantation in the short term effectively and safely relieves the symptoms of secondary HPT and decreases patients' PTH levels. However, this procedure is associated with a tendency to high recurrence of HPT.

## RECURRENCE OF HYPERPARATHYROIDISM AFTER TOTAL PARATHYROIDECTOMY AND AUTOTRANSPLANTATION IN PERITONEAL DIALYSIS PATIENTS

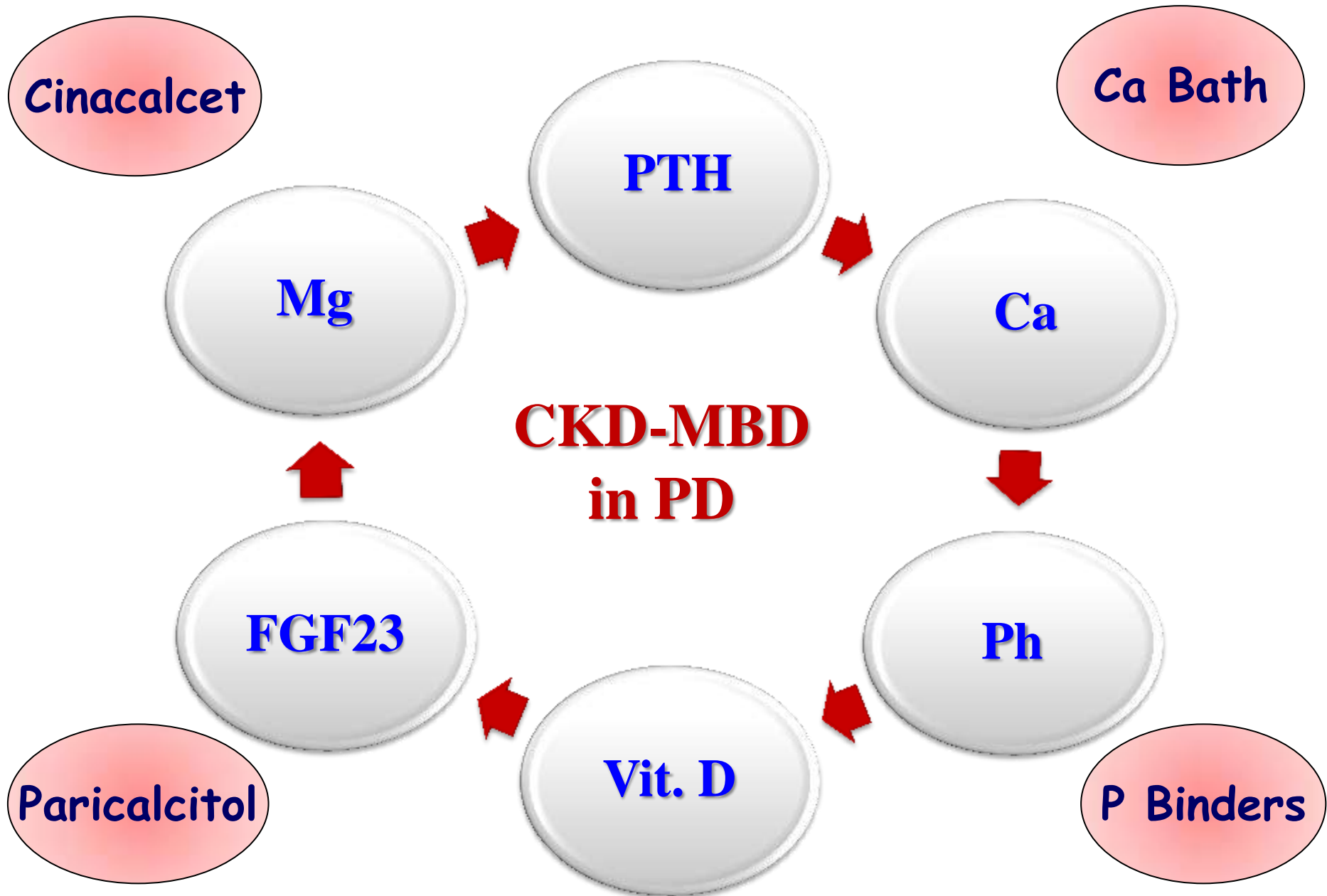
Aimin Zhong, Viswanath Billa, Lorne E. Rotstein,<sup>1</sup> Pui Y. Wong,<sup>2</sup> Joanne M. Bargman,  
Stephen I. Vas, and Dimitrios G. Oreopoulos

*Division of Nephrology, Division of Surgery of the Head and Neck,<sup>1</sup> and Laboratory Medicine &  
Pathobiology,<sup>2</sup> The Toronto Hospital and University of Toronto, Toronto, Ontario, Canada*

The present results lead us to suggest that total PTX with auto-transplantation may not be an effective procedure for controlling HPT over the long term and that total PTX without auto-transplantation may be the treatment of choice.

A controlled study evaluating the recurrence of hyperparathyroidism after total PTX with or without Auto-transplantation is needed for a definite conclusion.

# SUMMARY







# رابطة أطباء الكلى بالدقهلية

## اليوم العالمي للكلى

الإثنين ٢٠١٦/٢/٧ بجامعة الدلتا للعلوم والتكنولوجيا بجمصة



International Federation  
of Kidney Foundations







# رابطة أطباء الكلى بالدقهلية

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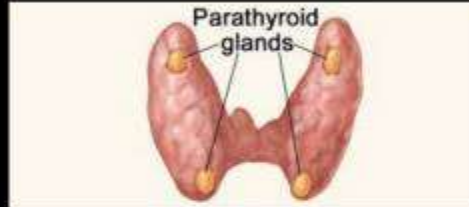
# رابطة أطباء الكلى بالدقهلية

## اليوم العالمي للكلى

الإنش ٢٠١٦/٢/٧ بجامعة الدلتا للعلوم والتكنولوجيا بجمصة







## 4th Para Thyroidectomy ( Hands On) Master Class ( Advansed Course )

الدورة التدريبية الرابعة لاستئصال الغدة الجار درقية لمرضى القصور الكلوي المزمن  
بالتعاون بين قسم الكلى بمستشفى المنصورة الدولي ومستشفى الساحل التعليمي

El-Sahel Teaching Hospital - Cairo - Egypt

22 - 28 October 2016

المدير الجراحي للدورة  
د.د / أحمد حلاوة

المدير الطبي للدورة  
د / اسامه الشحات



INNOVATION  
SUCCESS  
EVALUATION  
DEVELOPMENT  
GROWTH  
SOLUTION  
PROGRESS  
MARKETING

***Thank YOU***